

Health Connections handout - Frome Shed Welfare Officer –Leon Russell

HANDOUT – Tabled

Support

Groups:

- Abuse
- Advocacy/mentoring
- Arthritis
- Autism
- Befriending/isolation
- Bereavement
- Brain Injury
- Cancer
- Carers
- Counselling/therapy
- Dementia
- Diabetes
- Drugs and Alcohol
- Eating Disorders
- Epilepsy
- Exercise
- Families and young children
- Fibromyalgia, ME and CFS
- General Advice/Support
- Healthy Lifestyles
- Hearing
- Heating/energy efficiency
- Home from Hospital/Help at Home
- Housing
- Learning Difficulties
- Leg Club/Leg Ulcers
- Lung Conditions
- Mental Health
- Mobility
- Motor Neurone Disease
- Multiple Sclerosis
- Older People
- Pain Management
- Palliative Care
- Parkinson's
- Pets
- Polymyalgia Rheumatica
- Poverty/finance
- Sexuality Support/Sexual Health
- Sight
- Sleep
- Smoking
- Stroke
- Transport
- Volunteering
- Weight Management
- Young People

The support you need to live and feel better

- Improve your health and wellbeing
- Manage long term health conditions
- One to one appointments
- Join groups who know what you're going through
- Connect to local services
- Free service

Give us a call, we'll be happy to help

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LEON - WELFARE OFFICER
FROME HENS SHED



HEALTH
CONNECTIONS
MENDIP